

One Heart Way

Reiki Healing + Guided Meditation

Stress
Reduction

Anxiety
Release

Chakra
Balance



Clear
Negativity

Raise
Vibrations

Center mind,
body, spirit

When: Friday, May 11th, 2018

Time: 7:30pm-8:30pm

Where: WNY Karate Center

4209 Transit Rd. Williamsville, NY 14221

(corner of Transit Rd. and Main St. behind the TJ Maxx in the
Transitown Plaza)

What to Bring: Pillow, Mat (If Desired), Comfy Clothes

Cost: Donations appreciated but not required

Open to public

Facilitated by **Sensei Scott** and **Steven Cvetkovski**

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