

## CHILDREN:

BELT	Monday (PM)	Tuesday (PM)	Wednesday (PM)	Thursday (PM)	Friday (PM)	Saturday (AM)
<b>White Belt (ages 4-12)</b>	4:00-4:45	5:30-6:15	X	6:15-7:00	X	9:00-9:45
<b>Yellow/Orange</b>	4:45-5:30	6:15-7:00	4:00-4:45 K 5:30-6:15 S	5:30-6:15	4:00-4:45	9:45-10:30 S
<b>Green/Blue</b>	5:30-6:15	4:00-4:45	4:45-5:30 K 5:30-6:15 S	4:45-5:30	5:30-6:15	9:45-10:30 S
<b>Purple/Brown</b>	5:30-6:15	4:00-4:45	4:45-5:30 K 5:30-6:15 S	4:45-5:30	4:45-5:30	9:45-10:30 S
<b>Brown-Black</b>	6:15-7:00	4:00-4:45	5:30-6:15 S 6:15-7:00 K	X	4:45-5:30	9:45-10:30 S
<b>Red-Black</b>	6:15-7:00	4:45- 5:30	5:30-6:15 S 6:15-7:00 K	4:00-4:45	6:15-7:00	9:45-10:30 S
<b>Jr. Black</b>	6:15-7:00	4:45- 5:30	5:30-6:15 S 6:15-7:00 K	4:00-4:45	6:15-7:00	9:45-10:30 S

K~Kata/Self-defense(Regular class)

S~Children's Sparring(Optional) See Sensei Jim if interested.