

CHILDREN:

BELT	Monday (PM)	Tuesday (PM)	Wednesday (PM)	Thursday (PM)	Friday (PM)	Saturday (AM)
White Belt (ages 4-12)	4:00-4:45	5:30-6:15	X	6:15-7:00	X	9:00-9:45
Yellow/Orange	4:45-5:30	6:15-7:00	4:00-4:45 5:30-6:15 S	5:30-6:15	4:00-4:45	9:00-9:45 9:45-10:30 S
Green/Blue	5:30-6:15	4:00-4:45	4:45-5:30 5:30-6:15 S	4:45-5:30	5:30-6:15	9:00-9:45 9:45-10:30 S
Purple/Brown	5:30-6:15	4:00-4:45	4:45-5:30 5:30-6:15 S	4:45-5:30	4:45-5:30	9:00-9:45 9:45-10:30 S
Brown-Black	6:15-7:00	4:00-4:45	5:30-6:15 S 6:15-7:00	X	4:45-5:30	9:00-9:45 9:45-10:30 S
Red-Black	6:15-7:00	4:45- 5:30	5:30-6:15 S 6:15-7:00	4:00-4:45	6:15-7:00	9:00-9:45 9 :45-10:30 S
Jr. Black	6:15-7:00	4:45- 5:30	5:30-6:15 S 6:15-7:00	4:00-4:45	6:15-7:00	9:00-9:45 9:45-10:30 S

S~Children's Sparring(Optional) See Sensei Jim if interested.