

CHILDREN:

BELT	Monday (PM)	Tuesday (PM)	Wednesday (PM)	Thursday (PM)	Friday (PM)	Saturday (AM)
White Belt (ages 4-12)	4:00-4:40	5:00-5:40	X	6:00-6:40	X	9:00-9:40
Yellow/Orange	5:00-5:40	6:00-6:40	4:00-4:40 K 5:30-6:15 S	5:00-5:40	4:00-4:40 K 5:30-6:15 S	X
Green/Blue	X	4:00-4:40	4:45-5:30 K 5:30-6:15 S	4:00-4:40	4:45-5:30 K 5:30-6:15 S	10:00-10:40
Purple/Brown	6:00-6:40	4:00-4:40	4:45-5:30 K 5:30-6:15 S	4:00-4:40	4:45-5:30 K 5:30-6:15 S	X
Brown-Black	6:00-6:40	4:00-4:40	5:30-6:15 S 6:15-7:00 K	X	5:30-6:15 S 6:15-7:00 K	10:00-10:40
Red-Black	6:00-6:40	X	5:30-6:15 S 6:15-7:00 K	4:00-4:40	5:30-6:15 S 6:15-7:00 K	10:00-10:40
Jr. Black	6:00-6:40	X	5:30-6:15 S 6:15-7:00 K	4:00-4:40	5:30-6:15 S 6:15-7:00 K	10:00-10:40

K~Kata/Self-defense(Regular class)

S~Children's Sparring(Optional) See Sensei Jim if interested.